


Putting the **Good Life** Back Together

QUOTES

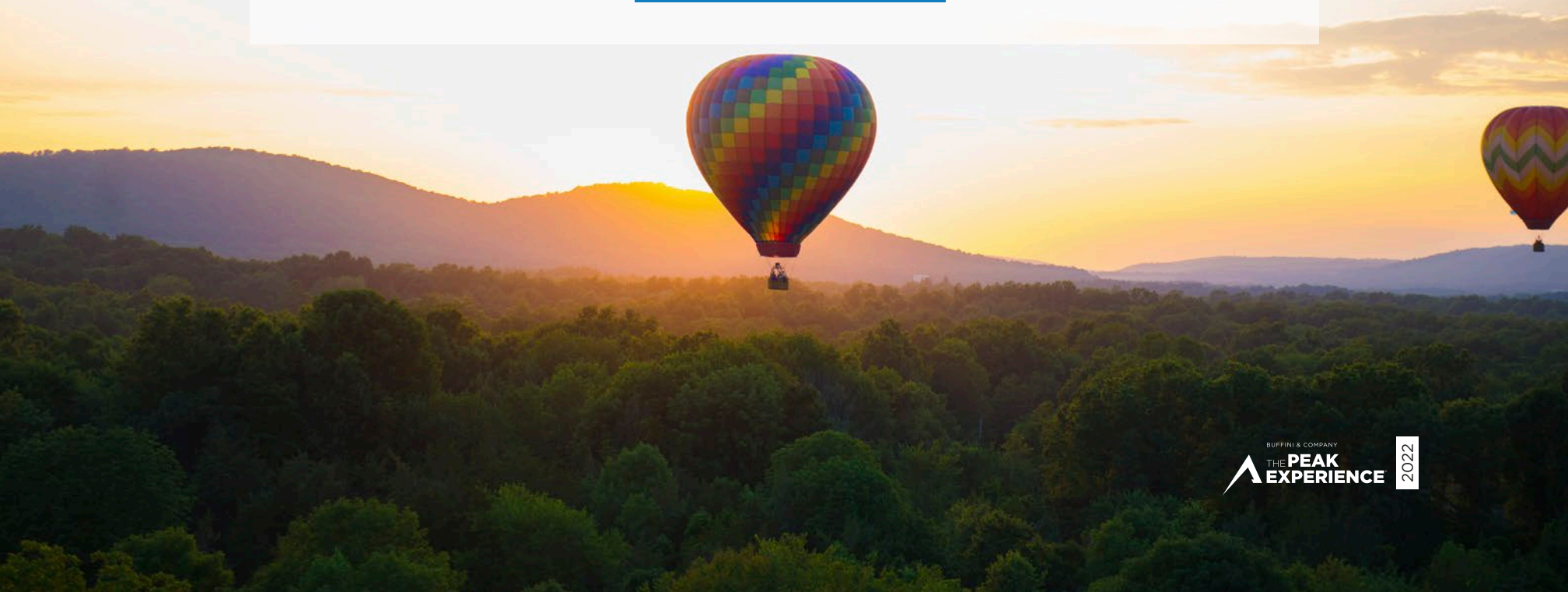


If your actions don't align
with your values, you'll
continue to experience a
chasm of discontent.

JOSHUA FIELDS MILLBURN

Peace cannot be kept by
force. It can only be achieved
by understanding.

ALBERT EINSTEIN



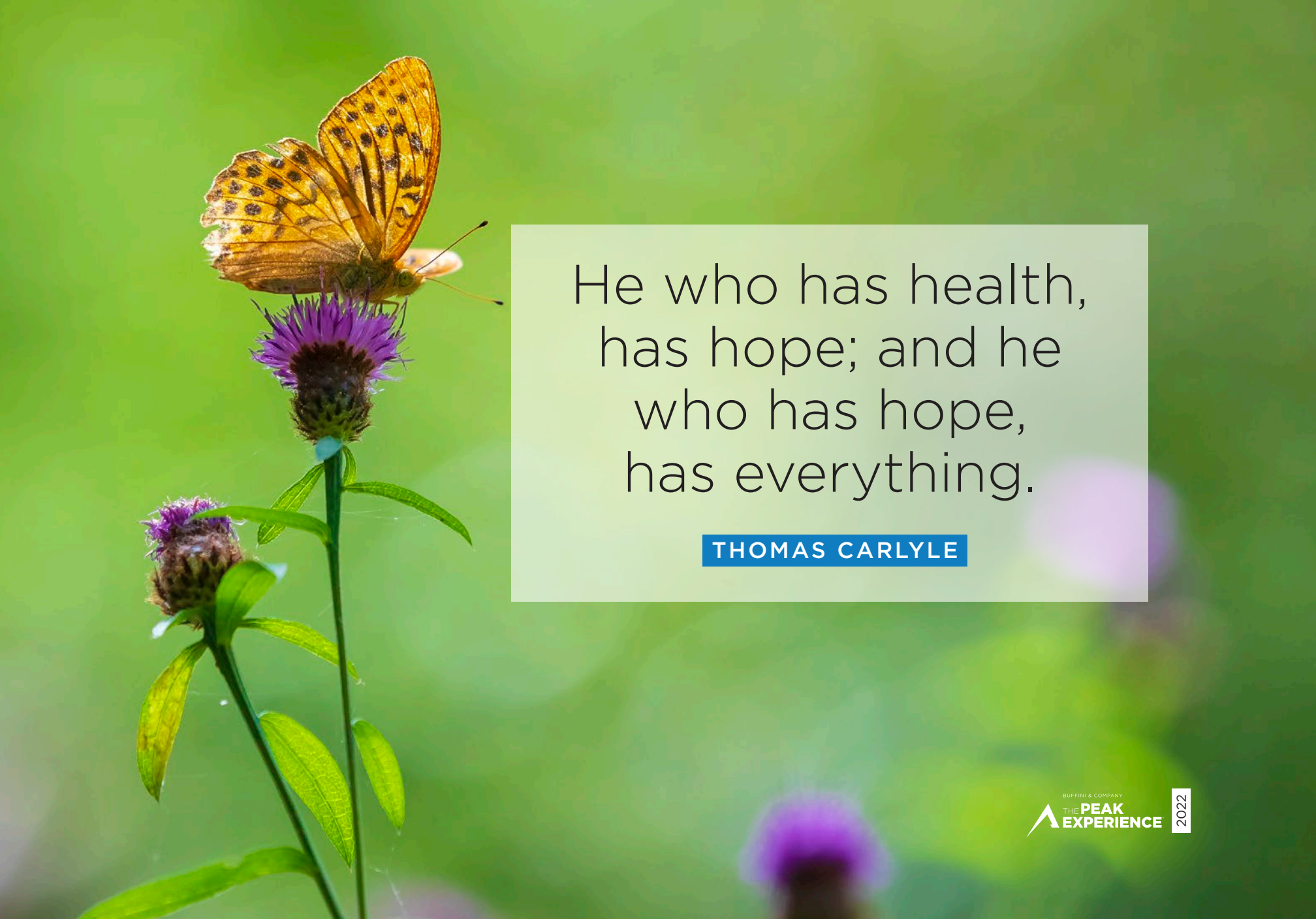
To “be loved” is the most basic of human needs. Like a flower, it waters the human soul. But “to love” is a true blessing.

OLIVIA NEWTON-JOHN

If being happy is important to you,
try this: instead of regretting all you
lack, celebrate all you've got.

BRIAN VASZILY





He who has health,
has hope; and he
who has hope,
has everything.

THOMAS CARLYLE

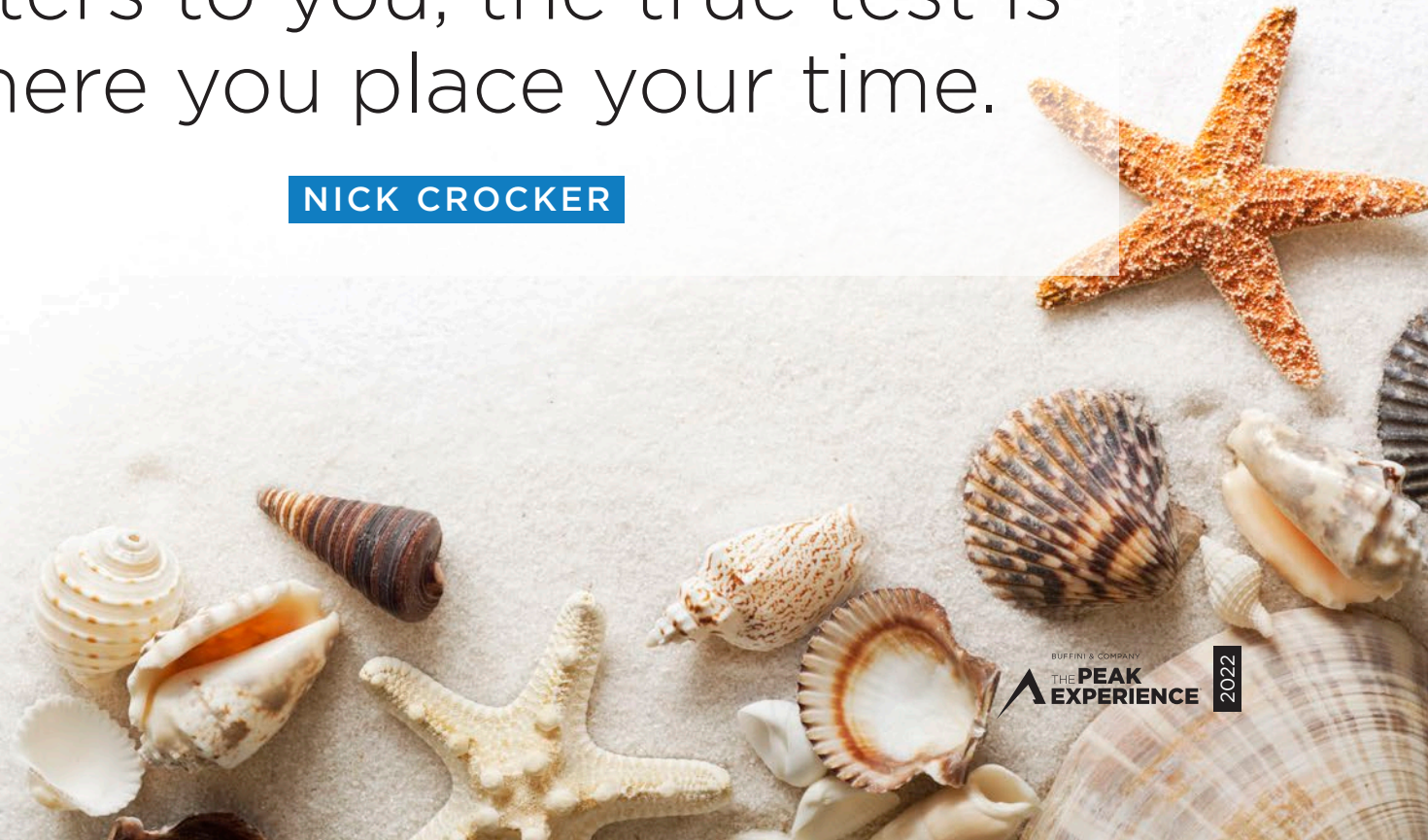
Being rich is having money;
being wealthy is having time.


STEPHEN SWID



The greatest reflection of
your priorities is your time.
Whatever you say about what
matters to you, the true test is
where you place your time.


NICK CROCKER





You will never change
your life until you change
something you do daily. The
secret of your success is
found in your daily routine.

JOHN C. MAXWELL

A serene outdoor scene at dusk. Two dark wicker chairs with white fur cushions are positioned on a wooden deck. In the center, a fire pit with a warm fire is set on a log stump, with two white mugs resting on it. String lights are visible in the background, creating a warm and inviting atmosphere.

The first step in crafting
the life you want is to get rid
of everything you don't.

JOSHUA BECKER



I know for sure
what we dwell on
is who we become.

OPRAH WINFREY


Don't try to add more years
to your life. Better add more
life to your years.

BLAISE PASCAL



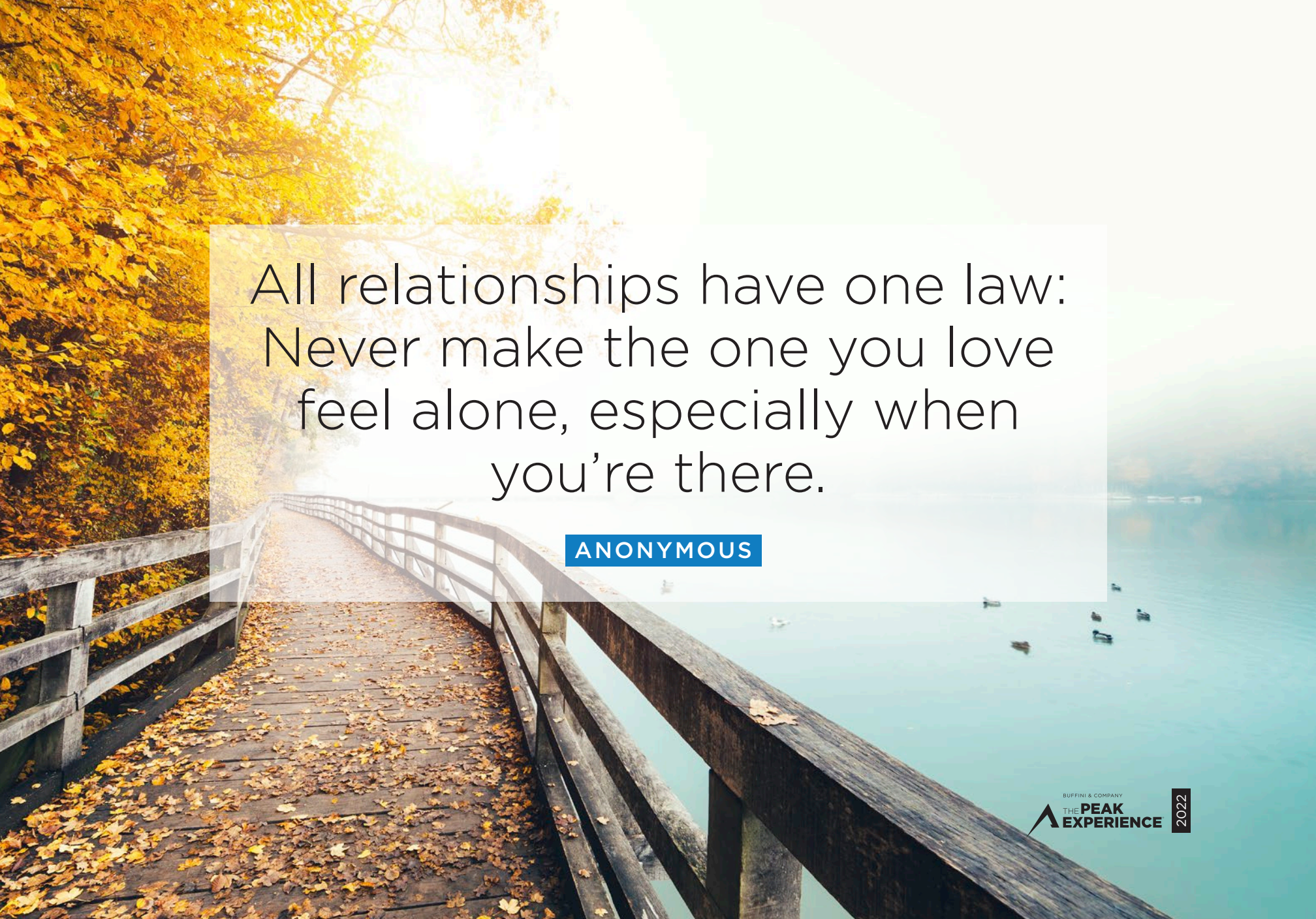
I'd like to be remembered as a guy who tried. Tried to be part of his times, tried to help people communicate with one another, tried to find some decency in his own life, tried to extend himself as a human being.

PAUL NEWMAN



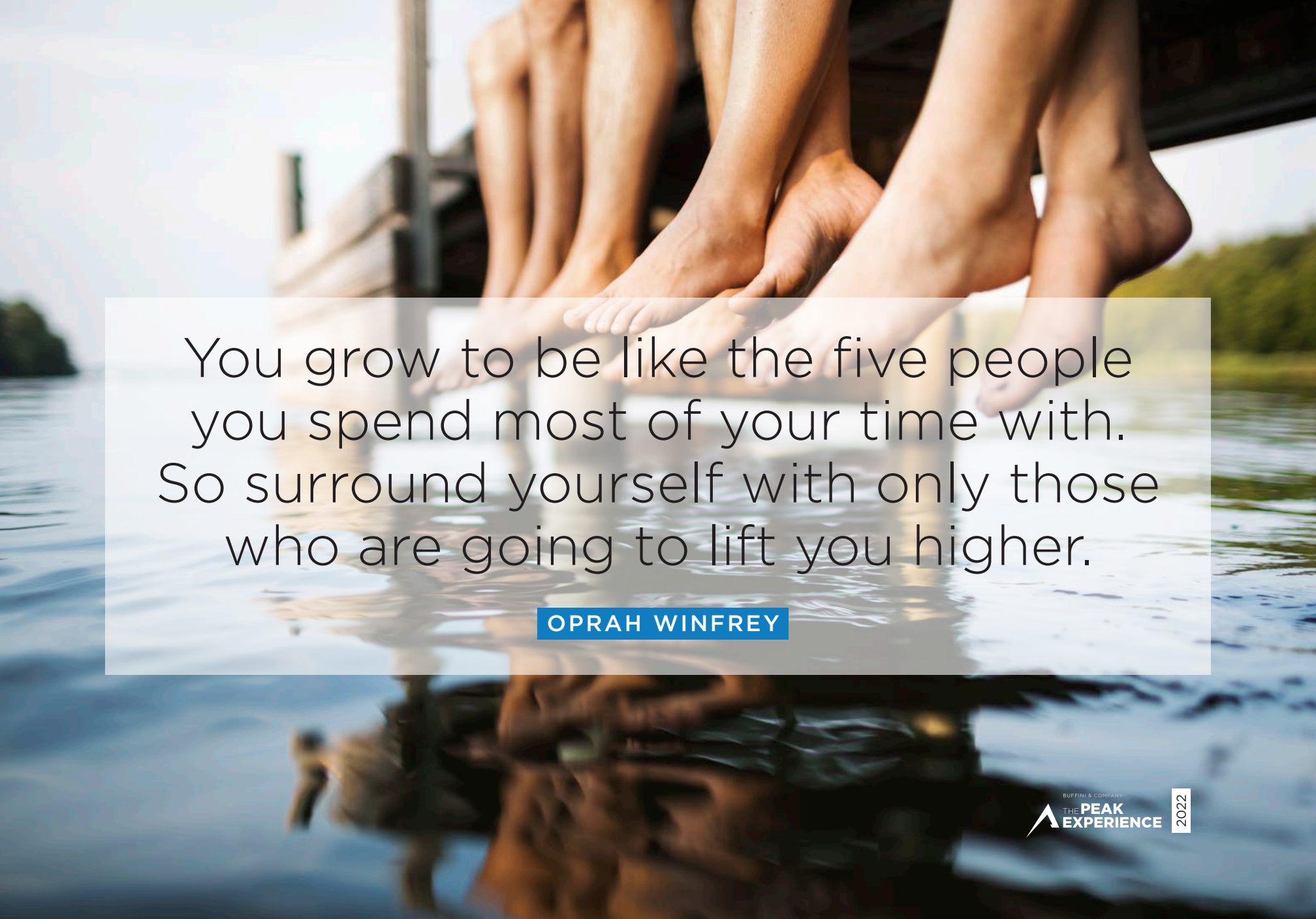
Well-being cannot exist just in your own head. Well-being is a combination of feeling good as well as actually having meaning, good relationships and accomplishment.

MARTIN E.P. SELIGMAN



All relationships have one law:
Never make the one you love
feel alone, especially when
you're there.

ANONYMOUS

A close-up photograph of several people's feet hanging off the edge of a boat, with the water below visible. The background is slightly blurred, showing a body of water and some greenery in the distance.

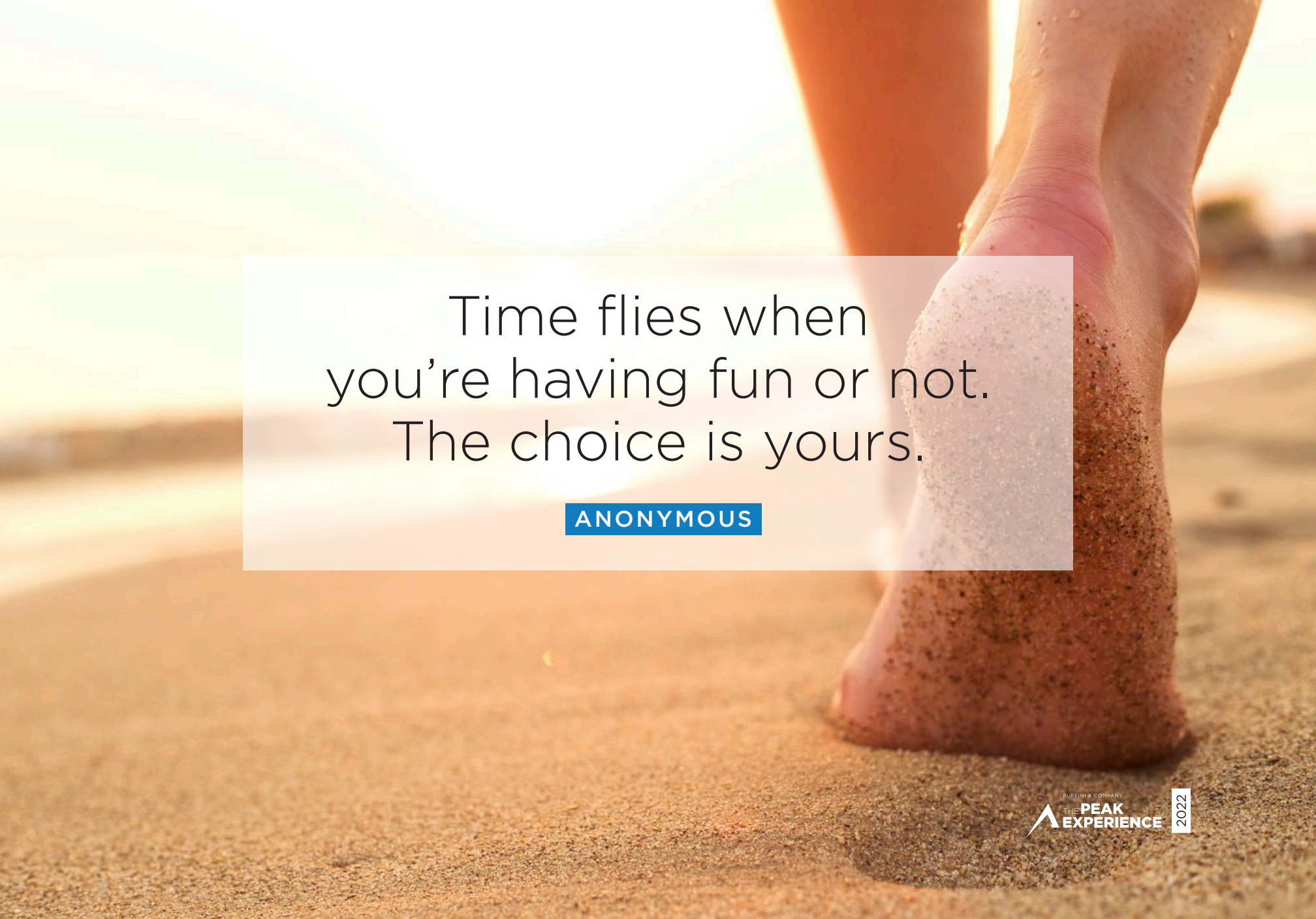
You grow to be like the five people
you spend most of your time with.
So surround yourself with only those
who are going to lift you higher.

OPRAH WINFREY

It is a good thing to be rich
and it is a good thing to be
strong, but it is a better thing
to be loved by many friends.


EURIPIDES





Time flies when
you're having fun or not.
The choice is yours.

ANONYMOUS


A serene outdoor scene at dusk. Two wicker chairs with white fur cushions are positioned on a wooden deck. In the center, a fire pit with a warm fire is set on a log stump, with two white mugs placed on top. String lights are visible in the background, creating a warm and inviting atmosphere.

A good relationship is when
someone accepts your past,
supports your present and
encourages your future.

ZIG ZIGLAR


All the world's a stage, and all the
men and women merely players:
They have their exits and their
entrances; And one man in his time
plays many parts.

SHAKESPEARE



An exit, reset and entrance well done... a new mindset that you continuously work on and craft and mold can literally change your life.

BILL HAMPTON



We overestimate what we
can accomplish in a year and
underestimate what we can
accomplish in five years.

BILL GATES

We don't have an opportunity;
we have an obligation... to play
a different game, and play it
better than anyone has any right
to believe is possible.

FLYNN BERRY

Do not withhold good from
someone when it's within
your power to do it.

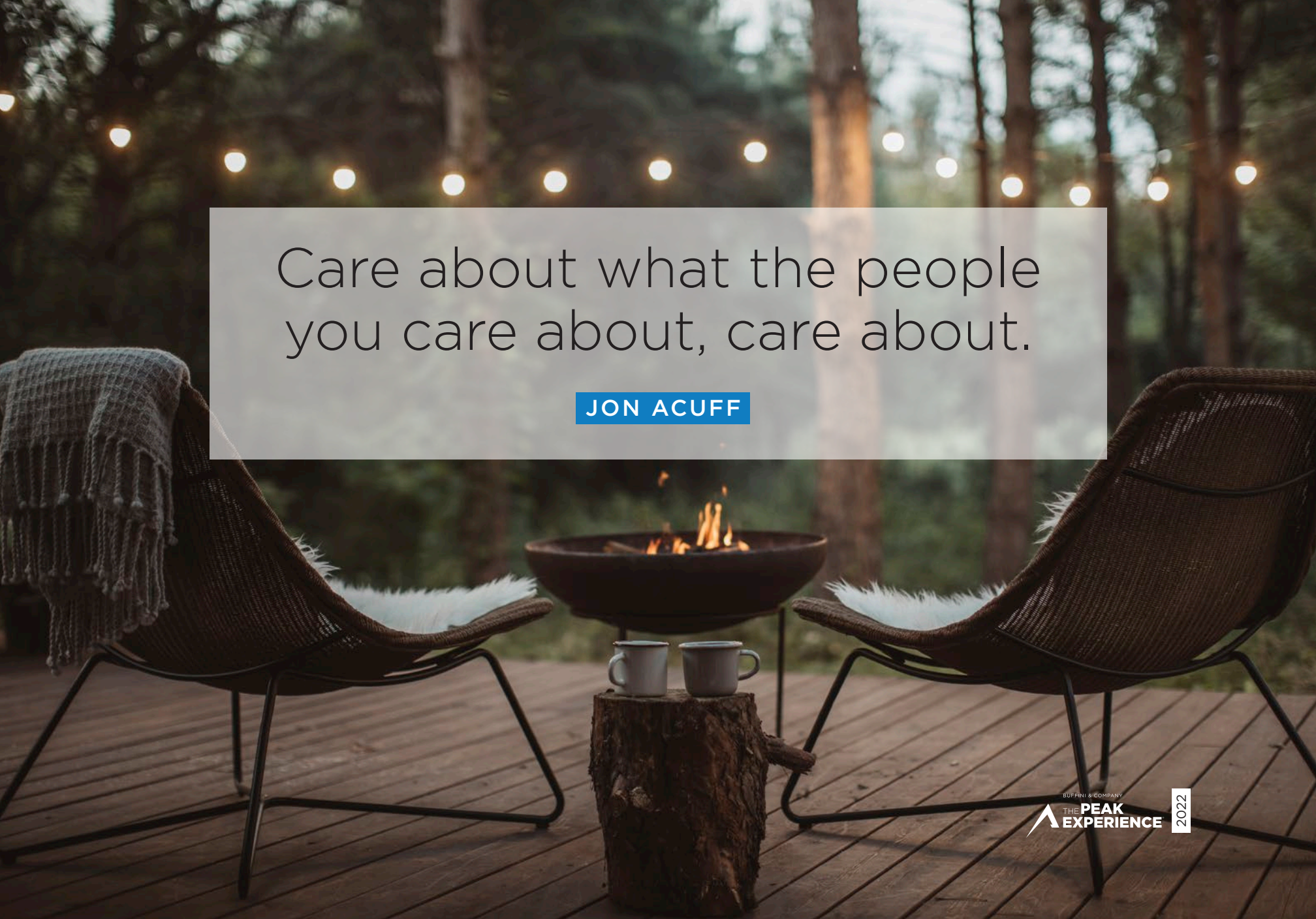
KING SOLOMON





Wherever you are, be all there.

JAMIE GEORGE

A serene outdoor setting with a fire pit, two wicker chairs, and string lights in a forest. The scene is set on a wooden deck. In the center, a dark metal fire pit sits on a stand, with a fire burning inside. Two white mugs are placed on a log stump in front of the fire pit. Two wicker chairs with white fur cushions are positioned on either side of the fire pit. A string of warm white lights hangs across the background, illuminating the scene. The background is a dense forest of tall trees.

Care about what the people
you care about, care about.

JON ACUFF

Nothing happens
until a sale is made.

THOMAS J. WATSON




A wooden boardwalk covered in fallen yellow leaves, leading towards a misty lake with ducks.

If you want to do a few small things right, do them yourself. If you want to do great things and make a big impact, learn to delegate.

JOHN MAXWELL

There is more to life
than increasing its speed.

GANDHI

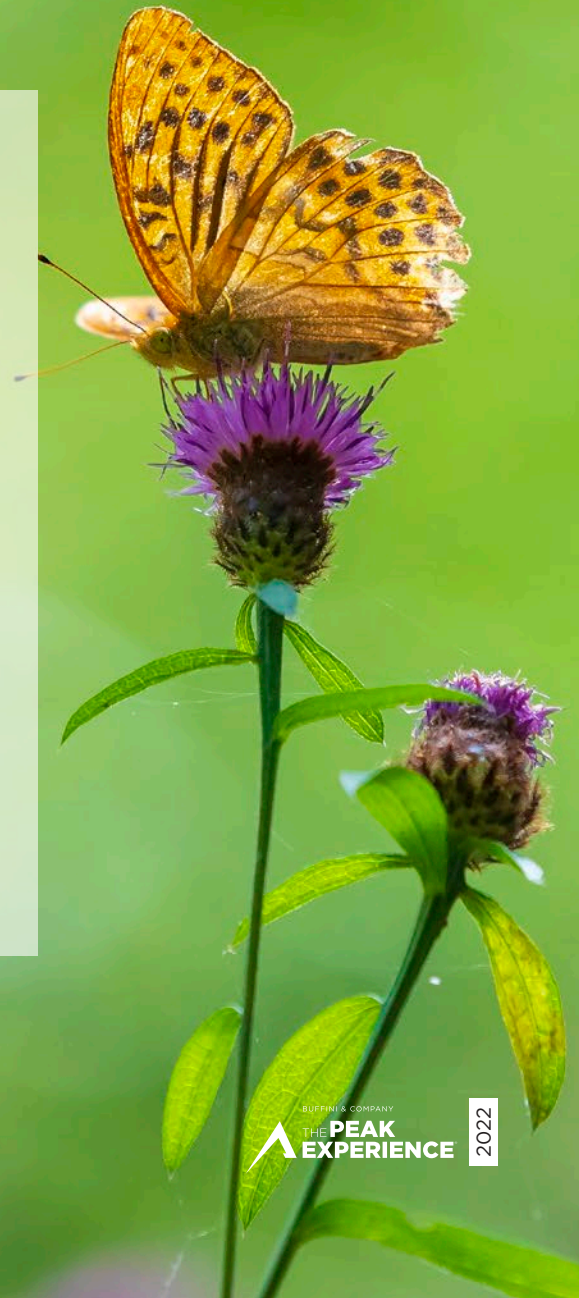
A close-up photograph of a person's legs wearing high-heeled shoes, standing on a sandy beach. The background is a soft, warm sunset sky. The text is overlaid on a semi-transparent white box in the center of the image.


Surgery can help to remove a damaged organ but only meditation and quiet time can remove emotions like anger and fear to calm and soothe a disturbed mind.

TERESA SPELMAN

Burnout is the extinction of motivation or incentive, especially where one's devotion to a cause or relationship fails to produce the desired results.

DR. HERBERT FREUDENBERGER



A serene outdoor setting at dusk. In the center, a dark metal fire pit sits on a wooden deck, with a fire burning inside. Two modern, dark-colored wicker chairs with white fur-like inserts are positioned on either side of the fire pit. A log stump in front of the fire pit holds two white mugs. The background is a dense forest of tall trees, and string lights are visible, creating a warm and cozy atmosphere.

Burnout is a bone-tired,
soul-tired, heart-tired kind
of exhaustion.

JAMES PENNEBAKER

Most cynics are really crushed romantics: they've been hurt, they're sensitive, and their cynicism is a shell that's protecting this tiny, dear part in them that's still alive.

JEFF BRIDGES



There is joy in work. There is no happiness except in the realization that we have accomplished something.

HENRY FORD



The best way to beat burnout
is celebrate ALL victories
no matter how small.

DR. MARK FOREMAN





Our identity is affected less
and less by what we produce
and more and more by what
we consume.

PETE SANDERS

How we spend our day is, of course,
how we spend our lives.

ANNIE DILLARD




A group of people's feet are hanging off the edge of a wooden dock, positioned just above the surface of a calm body of water. The feet are in various stages of being lifted, with some just touching the water and others fully above it. The background shows a blurred shoreline with green trees under a bright sky. The overall mood is peaceful and serene.

Joy does not simply happen to us.
We have to choose joy and keep
choosing it every day.

HENRI NOUWEN

Your career is what you're
paid for, your calling is what
you're made for.

STEVE HARVEY



Outstanding people have
one thing in common:
an absolute sense of mission.

ZIG ZIGLAR



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